



K. Alexandra O'Neill

Partner

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📍 Connecticut



Biography

Alex O'Neill dedicates her practice exclusively to representing policyholders in complex insurance disputes, helping businesses navigate sophisticated coverage issues and maximize available insurance recovery. She has been recognized by Chambers USA as a Band 1 attorney for Insurance in Connecticut for three consecutive years, from 2024 through 2026, reflecting her work on high-stakes insurance matters and her strategic guidance to clients facing complex coverage challenges.

In addition to her legal practice, Alex serves as the firm's Chief Legal & Risk Officer, applying her experience in insurance, risk management, and legal strategy to support firmwide initiatives. She also serves as an adjunct professor at Quinnipiac University School of Law.

Alex is committed to advancing the interests of policyholders through thought leadership, education, and industry engagement. She regularly publishes and speaks on risk management and insurance coverage issues affecting the construction industry at conferences nationwide.

Experience

Alex O'Neill advises and represents policyholders in complex insurance coverage matters across a wide range of industries, including construction, real estate, healthcare, consumer products, and transportation. She works with businesses to develop risk management strategies, pursue insurance recovery, draft contractual risk transfer provisions, and resolve insurance disputes through negotiation, mediation, litigation, and appeal.

Education

Quinnipiac University School of Law, Juris Doctor, magna cum laude

The George Washington University, Bachelor of Arts, cum laude

Memberships and Affiliations

American Bar Association

Connecticut Bar Association

New York State Bar Association

Women Builder's Council

Board of Directors, 2023 – 2025

Achievements

Chambers USA Legal Guide: Connecticut, Band 1 – Insurance, 2024, 2025, 2026

Best Lawyers® in America – Litigation – Insurance, 2026

Best Lawyers: Ones to Watch® in America – Insurance Law, 2026

New Leaders in the Law Award, New England Legal Awards, 2024

Connecticut Super Lawyers Rising Star List – 2021 – 2025

Admissions

Connecticut

New York

U.S. District Court, District of Connecticut

U.S. District Court, Eastern District of New York

Experience continued

Alex provides strategic counseling throughout the insurance lifecycle, including evaluating insurance programs, preparing coverage opinions, and assisting clients with claim presentation and recovery efforts. Her experience includes coverage issues involving commercial general liability, builders' risk, commercial property, cyber liability, professional liability, directors' and officers' liability, employment practices liability, commercial auto, motor carrier liability, excess, and umbrella policies.

Admissions continued

- U.S. District Court, Southern District of New York
- U.S. District Court, Western District of New York
- U.S. Court of Appeals, Second Circuit
- U.S. Court of Appeals, Fourth Circuit

